



**GURU RAVIDAS AYURVED UNIVERSITY PUNJAB**  
**VPO Kharkan, Una Road, Hoshiarpur**  
(A State Govt. University, Approved by UGC)

**Phone No. 01882-282326**  
**Email: [graurecruitment@gmail.com](mailto:graurecruitment@gmail.com)**  
**Website: [www.graupunjab.org](http://www.graupunjab.org)**

**Advertisement for Trainer (Yoga)**

Applications are invited for the posts of Trainers (Yoga) purely on contract basis for the project 'CM Di Yogshala'. Applications on the prescribed proforma to be submitted along with all the relevant documents by email to [graurecruitment@gmail.com](mailto:graurecruitment@gmail.com) or by Post to Registrar, Guru Ravidas Ayurved University Punjab, VPO Kharkan, Una Road, Hoshiarpur, Pin Code-146110 with the following eligibility, terms & conditions.

Designation	Trainer (Yoga)
No of Posts	1000 (One Thousand) (Number of Posts may be increased or decreased as per requirement)
Qualification	<ul style="list-style-type: none"><li>• 10+2 with at least one- year regular Diploma in Yoga from a recognized Institute / University. And</li><li>• Desirable working Experience in Public yoga programs of reputed organization.</li></ul>
Salary	Rs. 25000/- per month for full time (inclusive of all expenses).
Last date of application	04.02.2026 (upto 05:00 PM through email or by post)

For all other details and updates please visit University website [www.graupunjab.org](http://www.graupunjab.org)

**Registrar**

# **Guru Ravidas Ayurved University Punjab Hoshiarpur**

## **Qualification and Experience required for the posts of**

### **Trainers (Yoga) are as under: -**

- a). Qualification: -10+2 with at least one- year regular Diploma in Yoga from a recognized Institute / University.

And

- b). Experience: - Desirable working Experience in Public yoga programs of reputed organization.

**Note:** - The appointment will be made for an initial period of one year extendable further, subject to half-yearly reviews.

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# Guru Ravidas Ayurved University Punjab Hoshiarpur

## Application for the post of Trainer (Yoga) on contract basis

### APPLICATION FORM

1. Name of applicant:.....

2. Father's /Husband's Name: .....

3. Address for correspondence:.....

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4. Phone No. (Res/Mobile) :.....

5. E-Mail ..... (in Capitals)

6. Nationality:.....

7. Date of Birth:..... Age as on 31.12.2025: .....Y .....M ..... D

8. Category:.....

9. Details of Educational Qualifications(From 10th Standard Onwards):-

Sr. No.	Educational Qualification	Name of the Board/University	Name of the Institute/College	Year of Passing	%age of Marks

10. Details of Experience:

Sr. No.	Name of Organization	Pay Scale	Period	Work Done

11. Testimonials:

a. Matriculation Certificate.....

b. Senior Secondary/10+2 .....

c. Degree: .....

d. Diploma/Degree (In Yoga Sciences): .....

e. Relevant Experience Certificates:.....

f. Category Certificate:.....

g. Certificate of Refresher Course in Meditation and Yoga Sciences conducted by Guru Ravidas Ayurved University Punjab, Hoshiarpur, if any :- .....

I, ..... (Name of candidate) hereby certify that the information/testimonials provided is true to the best of my knowledge and in case any facts/testimonials are found to be false or incorrect or suppressed, I shall be liable to be terminated from employment for which I have applied.

Date:

Signature of the applicant

Self attested  
recent  
Passport size  
Photograph

### General Instructions for all Candidates for Trainers (Yoga)

1. The candidate must be a citizen of India.
2. A candidate who has passed Senior Secondary/10+2 Examination from Govt. recognized education board and has obtained Diploma in Yoga Sciences or equivalent or Higher Qualification is eligible to apply for the post of Trainer(Yoga).
3. The appointment will be made for an initial period of one year extendable further, subject to half-yearly performance report.
4. All columns must be filled in the application form. No column should be left blank, instead it should be marked "N.A." wherever not applicable.
5. The application form must reach on or before 04.02.2026 (upto 05:00 PM), by email to [graurecruitment@gmail.com](mailto:graurecruitment@gmail.com) or by post to Registrar, Guru Ravidas Ayurved University Punjab, VPO Kharkan, Una Road, Hoshiarpur, Pin Code-146110 as mentioned in the advertisement.
6. The candidates who have submitted applications online/by post and found eligible after scrutiny will be informed by email for Interview.
7. The Candidates must have to bring hard copy of filled application form and all original educational qualifications and Experience document (along with a set of self-attested photocopies) before the Selection Committee on the Date of Interview.
8. The candidates are advised to visit University Website i.e. [www.graupunjab.org](http://www.graupunjab.org) regularly for further updates.
9. The short listing of the candidates will be based on the criteria set by the University.
10. The appointments can be terminated at any time by either of the parties at a notice of one week to the other party.
11. The date/schedule of interview will be conveyed later to the candidates who are found eligible for the Post of Trainers (Yoga) by email or through university website. **Any further changes in the schedule will be notified through university website i.e. [www.graupunjab.org](http://www.graupunjab.org).**
12. The University reserves the right to increase or decrease the number of posts or may not fill up any of the posts advertised without assigning any reason, whatsoever.
13. Appointment against these posts shall be purely temporary and governed by the term and conditions set by the University. It shall not form any basis for the regular appointment in this University.
14. The candidates, working in any organization including Private organizations, claiming previous experience of working in Govt. Department/Autonomous Bodies/ Universities under Central /State Government shall have to enclose a certificate from that Government organization stating no Vigilance or Disciplinary case is pending or contemplated against them.
15. The candidates already working on the regular basis in any college, institution or University shall have to apply through proper channel and enclose "No Objection Certificate" from the employer, stating that in case of their selection, they will be allowed to join the said post.
16. The experience of any candidate will be considered only if the experience certificate is enclosed.
17. No TA/DA in connection with the submission of application form or appearing in the examination/interview will be paid to the candidate.
18. No enquiry in person or in writing for recruitment shall be entertained.

19. No documents will be accepted or considered by the University after submission of copy of online application form by the candidate and no subsequent request for its change will be considered or granted.
20. Any dispute with regard to this recruitment will be subject to the Courts/Tribunals having jurisdiction over State of Punjab.
21. Any candidate who is currently pursuing studies shall continue their studies only through distance education mode and shall submit an undertaking stating that their studies will not suffer due to their engagement as a Trainer Yoga. Prior approval for this shall be taken by candidate after selection as Trainer Yoga.
22. If at any stage, it is found that candidate doesn't fulfill the eligibility criteria, his/her application will be summarily rejected. Therefore, candidates shall ensure at their end that they fulfill the required eligibility criteria as prescribed in the advertisement for the applied post.
23. In case any dispute over interpretation of any rules, regulation etc. the decision of the Registrar, Guru Ravidas Ayurved University - Hoshiarpur, Punjab, shall be final and binding upon the candidates.
24. Any candidate(s) who was / were recruited earlier under the 'CM DI Yogshala' project and his / her services were terminated; they are not eligible to apply against this advertisement.
25. All the desirous candidates should bring with them the original duly filled Application Proforma available on the website of the University i.e. [www.graupunjab.org](http://www.graupunjab.org).
26. The candidates will have to produce original documents at the time of Interview. No candidate will be entertained without original Certificates/ Documents.
27. One set of self-attested Photocopies of all the relevant Certificates/documents right from the Matriculation Certificate showing Date of Birth.
28. The competent authority reserves all the right to cancel the interview and not to fill all or any post.